



HAND-TO-HAND FIGHTING SPORT INTERNATIONAL FEDERATION

The union of public associations

(H S I F)

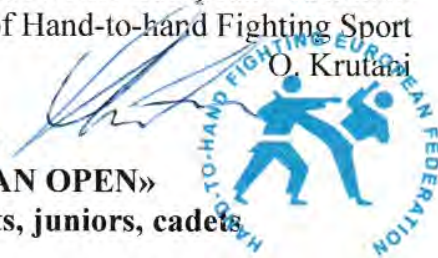
PRESIDIUM

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«Approved»
the head of the European Federation
of Hand-to-hand Fighting Sport
O. Krutani



GOVERNING PROVISIONS

For the International Tournament «MILAN OPEN»
«Fight» discipline among male and female adults, juniors, cadets

1. MISSION AND GOAL

Promotion of Hand-to-Hand Fighting Sport in Europe and worldwide.
Strengthening friendship within the World Sports Community.

2. TIME, PLACE, PROGRAM

TIME: 24 – 26 of April, 2026

PLACE: Palabarona, Via Ettore Ponti 13, Milan, Italy

PROGRAM:

- **Friday, 24th of April:** Arrival of teams.
- **Saturday, 25th of April:** Opening Ceremony, registration, accreditation, weighing and medical check, **Start up** the all weight categories and all in full contact categories and semi-final fights, Final fights, award ceremony, championship closing ceremony.
- **Sunday, 26th of April:** Departures.

3. ORGANIZATION AND RUNNING

Organizations in charge of preparation, arrangement and running of the Championship:

- Hand-to-hand fighting Sport International Federation (HSIF);
- European Federation of Hand-to-hand fighting Sport (EFHF)
- Italian Hand-to-hand fighting Federation

4. ELIDGIBLE ATHLETES

Eligible athletes to participate in the Championship in the discipline “Fight”: boys’ teenage groups 14-15 and 16-17 years, juniors men and women 18-23 years, men and women representing the official organizations of HSIF.

Competitions are held in the following weight categories:

cadets boys 14-15 – (kg) up to 44, 52, 62, 73, heavier 73.

cadets boys 16-17 – (kg) up to 48, 57, 67, 80, heavier 80.

juniors men 18-23 – Absolute – over 73 kg.

juniors women 18-23 – Absolute – over 58 kg.

men: weight classes (kg) up to 57, 62, 67, 73, 80, 88, 97, over 97, Absolute – over 73 kg.

women: Absolute – over 58 kg.

An unlimited number of athletes from a country in each weight category is allowed.

5. GOVERNING RULES, HOSTING, COST COVERAGE

Competition Rules:

The International Tournament shall be run in accordance with The Rules for International Competitions as approved by the Hand-to-Hand Fighting Sport International Federation (HSIF) www.hsif.world version 2024. Olympic Drop Out System shall apply. There shall be two "Third Place" awards.

Teams are to cover travel, accommodation and meal costs from their own arrangements. Application payment is 50 Euro from each athlete, in each Discipline.

6. AWARDS

The winners of the International Tournament in each weight class shall be awarded Medals and 1st Degree Diplomas, valuable prizes; winners of all other places shall be awarded medals and diplomas of respective degrees. Coaches of the Tournament are awarded Diplomas.

7. INVITATION, APPLICATION, CONTACTS

This Guiding Provisions document shall serve as the Official Invitation to the International Tournament «MILAN OPEN». Applications to participate stating number of participants should be sent to the Organizers Committee in advance of the event and should reach the **Committee no later than 15 April 2026.**

E-mail: info@efhs.eu h2hfight@mail.ru

Participants are to cover travel costs, accommodation and meal from their own arrangements. If you have questions about obtaining visas, meeting and accommodating participants of the event, please contact the Hand-to-hand fighting Federation of the Republic of Italy or to the European Federation of Hand-to-hand Fighting Sport:

email: info@efhs.eu President - Olsi Krutani

tel: +39 348 610 6684 Italian, English, German, French, Russian.

General questions to the Hand-to-hand fighting Sport International Federation:

email: h2hfight@mail.ru

President - Sergey Astakhov tel. +7(903) 960-59-16 Russian, English.

www.hsif.world

Athletes shall not be accepted for competition without prior application.

Delegations arriving by Invitation shall submit the following documents to the Acceptance Commission via their Representative:

Identification Documents for the Athletes, Originals of their Accident, Life and Health Insurance Policies, State Flag of their Country and the sound track of the National Anthem (CD).

President of HSIF



S.A. Astakhov