HAND-TO-HAND FIGHTING SPORT INTERNATIONAL FEDERATION
The union of public associations
(H S I F)
PRESIDIUM
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GOVERNING PROVISIONS

For HSIF referees and instructors training event in hand-to-hand fighting: Methodology focus meeting «Self-defense» and «Fight» disciplines. November 1 – 2, 2025

October 06, 2025

Republic of Italy,
Milan.

1. Goals

- Upgrading methodology knowledge of referees and instructors;
- Promotion of Hand-to-Hand Fighting sport in Europe and internationally;
- Strengthening friendship within the World Sports Community.

2. Time and Venue

31 October - 2 November, 2025: Any Hotels in Milan City, Italian Republic
1-2 November, 2025: SportCenter PALABARONA via Ettore Ponti 13, Milan City, Italian Republic

3. Supervision and Running

General Supervision of event:

- Hand-to-hand fighting Sport International Federation (HSIF).

Running of event:

- European Federation of Hand-to-hand fighting Sport (EFHF),
- Italian Hand-to-Hand Fighting Sport Federations.

4. Participants

Referees and instructors from countries-members of HSIF, qualification requirement: proficiency level of at least National Category.

5. Program

October 31, 2025: Arrival of attendees in Milan.
November 01, 2025:
09.00-15.30 Class on basic and special **Self-defense** techniques of hand-to-hand fighting. Practical training session on referee work, organization and running of competitions in the **«Self-defense»** discipline.
16:00 – 18.00 Meeting with all Country Representatives.
November 02, 2025:
09.00-15.30 Practical training session in referee work, organization and running of competitions in the «**Fight**» discipline. Seminar summing up, the presentation of participant's certificates.
Departure.

6. Accommodation
Any Hotels in Milan City, Italian Republic

7. Equipment
- Kimono for h2fighting, legs guards, gloves for h2hfight or boxing, helmet, weapon layouts (knife, gun, stick).
- Smart-Casual style for dinner and common photo.

8. Invitation, application, contacts
Applications to participate stating number of participants should be sent to the Organizers Committee in advance of the event and should reach the Committee no later than **22 October, 2025**.
E-mail: info@efhs.eu h2hfight@mail.ru

This Governing Provisions document shall serve as the Official Invitation to the HSIF referees and instructors Training Event.

Participants are to cover travel costs, accommodation and meal from their own arrangements. Application payment is 50 Euro from each attendee.
Contact details of the organizer:
to the European Federation of Hand-to-hand fighting Sport:
email: info@efhs.eu President - Olsi Krutani tel:+39 348 610 6684 Italian, Eng, German, French, Rus.

President HSIF Segrei Astakhov

President HFEF Olsi Krutani